## Breaking the Chains of Entitlement

#### A Biblical Perspective on Humility and Gratitude

Jeffrey E. Hansen, Ph.D. Clinical Director, Holdfast Recovery Founder and Director, NeuroFaith, LLC

#### Philippians 2:3-4 (NIV)

• Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

# Luke 17:10 (NIV)

• So you also, when you have done everything you were told to do, should say, 'We are unworthy servants; we have only done our duty.'

# Proverbs 16:18 (NIV)

Pride goes before destruction, a haughty spirit before a fall.

#### James 4:6 (NIV)

• But he gives us more grace. That is why Scripture says: 'God opposes the proud but shows favor to the humble.'

### 1 Thessalonians 5:18 (NIV)

Give thanks in all circumstances; for this is God's will for you in Christ Jesus.